

**Foothill Quilters Guild**  
**Skill Building – Saturday May 30, 2026 9:30 am – 4:00 pm**  
**Auburn Veterans Hall**

# Quilt Binding

Taught by Carol Vierra

**Class supplies:**

- Small project to bind; placemats or table runner are ideal. (Or buy pre-quilted bolt material to practice binding.)
- 2-1/2” binding strips cut and joined with diagonal (mitered) stitching\*
- Sewing machine with needle position adjustment
- Walking foot
- Hand-stitched finish: Bobbin thread to match quilt backing fabric
- Machine-stitch finish: Bobbin thread to match binding fabric
- Hand sewing supplies with thread to match binding fabric
- Elmer’s School Glue, with fine-sized nozzle if you have one
- General piecing supplies, such as pins, scissors, stiletto, etc.

**Bonus: Find out what quilt show judges are looking for, and learn how to do it.**

- Binding even width, front and back
- Binding filled with batting
- Mitered corners squared, not rounded
- Hand stitching neat, thread matched to binding fabric, binding covers machine stitches.

**\*To calculate binding yardage:**

1. Measure the perimeter of trimmed quilt (total inches)
2. Add 10-12 inches to total (allows for overlap needed to join ends)
3. Divide that number by width of fabric (after selvedge removed)
4. Answer is number of strips needed for binding
5. Multiply number of strips by width of binding strips, equals total yardage

Example:

Perimeter measurement	100 inches
Additional length	+12 inches
Total length	112 inches
Divided by width of fabric	/40 = 2.8 (3 strips)
Multiply strips by width of binding	3 x 2.5 inches = 7.5 inches (est. 1/4 yard)