

Supply Sheet and Pre-Sewing for Quilted Coat Class

Nancy R.

First:

Take your measurement in inches:

High Bust (directly under the armpits): _____

Corresponding Size from Size Chart: _____



The coat sizes are based on your High Bust measurement. We will go into detail during the lecture on any other adjustments to be made. These panels will accommodate any adjustments you'd like to make in sizing except for length. The jacket is meant to hit at the high hip level. If you'd like a longer coat then please add 3-4" in length to the front and back panels as outlined in Section C.

Sizing

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	XS	S	M	L	XL	2X	3X	4X	5X
HIGH BUST	31"	33"	35"	38"	40"	43"	47"	51"	55"
	79CM	84CM	89CM	97CM	102CM	109CM	119CM	130CM	140CM

Coat Options - Choose One

A. Using a Quilt

Your quilt size must accommodate all the pattern pieces. The photo below shows a quilt that is 62" x 80". The spaces between the sleeve and front body are because those pieces need to be cut twice. You will need a larger quilt if you are particular about motif placement when laying out the pattern pieces.

This orange and green quilt was a generous gift from fellow teacher Patricia Belyea of Okan Arts.



- B. Using the Alderwood Studio Back Option. Follow the QR Code for instructions on building this back panel and (optional) pockets. See Option C for quilted panel instructions for all other pieces except the back and pockets.

BACK AND POCKET BLOCKS



- C. Your own custom coat. Use these guides to build a back panel for the coat. I suggest focusing only on customizing the back and pockets. These panels will be in 3 layers (top, batting, and backing) OR 2 layers (top and batting) and then add a lining. No need to cut your pattern pieces - they are available in the workshop.

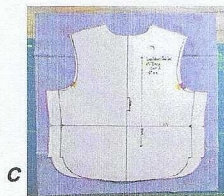
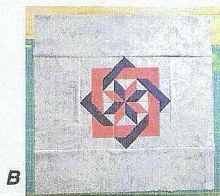
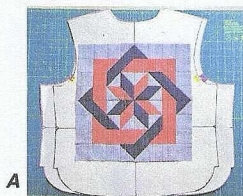
Fabric Requirements (Not including the 12 - 14" block for the back panel)

	For Sizes XS-XL	For Sizes 2X-5X
Fabric Requirements for Outside of Coat (not including the block for the back panel).	2.5 yards	3.25 yards
Batting - thinnest is best. I like Quilter's Dream Poly Request. Very thin cotton batting also works well.	2.5 yards	3.25 yards
Lining Fabric (Sewists choice - cotton is the easiest to work with)	2.5 yards	3.25 yards

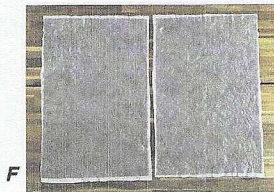
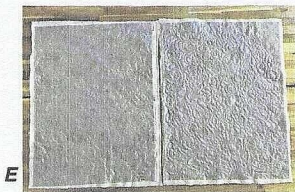
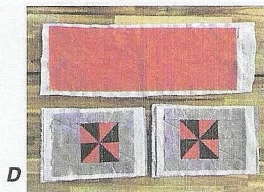
Cutting Instructions

	For Sizes XS - XL	For Sizes 2X - 5X
Back Panel* (Photos A, B, & C)	28" x 29"	35" x 29"
Coat Pockets** (Photo D)	10" x 12" (x2)	10" x 15" (x2)
Sleeve** (Photo E)	22" x 29" (x2)	29" x 29" (x2)
Front Panel** (Photo F)	17" x 29" (x2)	20" x 29" (x2)
Collar** OR (Photo D)	9" x 26"	9" X 27"
Hood	14" x 19"	15" x 19" (x2)

**For the back panel in the photo I began with a 14" block (A) and added sides and top and bottom background fabric (B) to get to 28" x 29" (C). I encourage you to use your favorite block or an "orphan" from your stash. A 12 - 14" block works for all coat sizes. I used XL size in the sample photos. The back panel for sizes 2X-5X would have to be 35" wide as per the table.*



*****Collar panel in orange. I had enough orange for this and I like the contrast from the body of the coat. I started with two 5" pinwheel blocks for the pocket panels. I added 1/3 of the fabric to one side and 2/3 fabric to the other side to get to the desired panel size (D). Cut and quilt as desired for the sleeve and front panels (E, F).***



Workshop Supplies:

- Sewing Machine with G foot or overcast foot or regular foot to accommodate a zig zag stitch
- Quilted Panels according to chart (You can finish these in the workshop)
- Pattern weights - I use 2" washers - something with weight to it (small soup cans).
- Fabric Marker - something to trace around your patterns with.
- Scissors
- Pins
- Bias tape - store bought or home-made.
- 5-6 buttons - 1" or larger

Contact Me:

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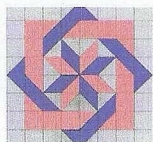
Follow me on IG to see the finished coat @StitchingStyleMakeltYours

**Need a Pep Talk?
Scan the QR code
for some video
instructions.**





LABYRINTH QUILT BLOCK INSTRUCTIONS



Block Size 14" -
Intended use: Back
panel for quilted coat



Color A



Color B



Color C



Your Color



Your Color



Your Color



Fabric Requirements

(For one 14" block)

Fabric	Requirement
A	1/6 yard or 5" x WOF (plus extra if using for coat background)
B	1/6 yard or 5" x WOF
C	8" x WOF



Cutting Instructions

Fabric A

- Cut one 2.25" x WOF strip → Subcut 17 - 2.25" squares
- Cut one 2.75" x WOF strip → Subcut 10 - 2.75" squares
- Also cut 3 - 2.5" squares

Fabric B

- Cut one 2.25" x WOF strip → Subcut 12 - 2.25" squares
- Cut one 2.75" x WOF strip → Subcut 8 - 2.75" squares

Fabric C

- Cut one 2.75" x WOF strip → Subcut 14 - 2.75" squares

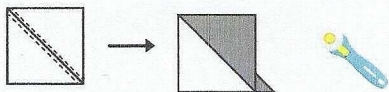
▲ Half-Square Triangles (HSTs)

You will need:

- 16 A/C HSTs
- 4 A/B HSTs
- 12 B/C HSTs

Instructions:

1. Draw a diagonal line on the wrong side of each 2.75" square.
2. Pair right sides together.
3. Sew $\frac{1}{4}$ " on each side of the line.
4. Cut on the line and press open.
5. Trim each HST to 2.5".

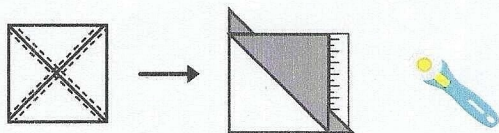


✿ Assembly Instructions

1. Lay out your block pieces according to the diagram.
2. Assemble in rows.
3. Press each row in alternating directions for nesting seams.

🔖 Bonus: Pinwheel Pocket Blocks

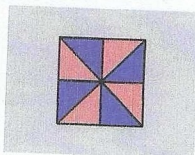
1. Begin with two 7.25" squares.
2. On one square, draw diagonals from top left and top right corners.
3. Place right sides together and sew $\frac{1}{4}$ " from each line.
4. Cut along drawn lines and then vertically & horizontally through the center.
5. Trim each HST to 3".
6. Sew HSTs into two rows to create two 5" pinwheel blocks.



Pinwheel Pocket Block

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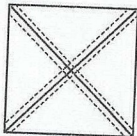


	Color A		Your Color A
	Color B - 7.25"		Your Color B
	Color C - 7.25"		Your Color C

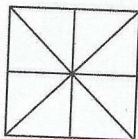
1. Use 1 square each of Color B & C to create 2 - 5" (approximate) pinwheel blocks. Add Color A to your finished pinwheel blocks to create finished rectangles 8" x 10".

2. Draw a line (solid) on the wrong side of Color B and then draw a diagonal in the opposite direction.

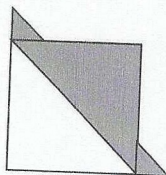
3. Sew a 1/4" on either side of the drawn line (dashed line).



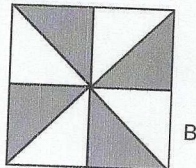
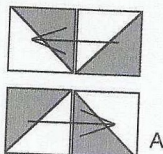
4. Cut the squares on the solid diagonal lines and then down the middle of each side.



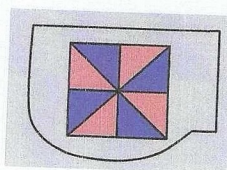
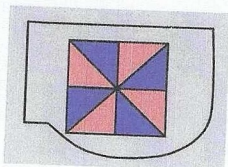
5. Press the seams to the dark side and square up the blocks.



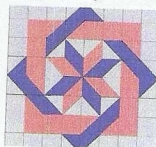
6. Arrange four squares as shown. Sew the half square triangles (HSTs) in rows (A). Press the seams as indicated by the arrows and sew the rows together (B).



7. Finish by adding Color A to your blocks to make rectangles that measure 8" x 10". Make a quilt sandwich and quilt as desired. Place the pocket pattern piece on top and cut 2 - mirror image.



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