



# ChristaQuilts

Make it yourself. Make it your own.

## Walking Foot & Free Motion with Christa Watson

### Description:

Take your quilts to the next level by adding depth and dimension to your designs. The secret is learning to let go of perfection by creating asymmetrical textures that require little to no marking of the quilt. Unleash the potential of your domestic machine by utilizing both free-motion quilting and walking foot (or dual feed) techniques. Practice on pre-basted fabric and batting samples or use up leftover quilt blocks.

### Supply List

- Required: Christa's book: *How Do I Quilt It?* – Buy at [shop.ChristaQuilts.com](http://shop.ChristaQuilts.com).
- Recommended: Christa's book *99 Machine Quilting Designs*
  - PDF download available on etsy: <https://www.etsy.com/shop/ChristaQuilts>
- Fabric marking tool and small acrylic ruler (1-3" x 6-12"), or painters tape
  - See [shop.ChristaQuilts.com](http://shop.ChristaQuilts.com) for Christa's recommended crease marker
- 12 practice quilt sandwiches consisting of two large squares of solid or tonal colored fabric basted together with batting in between; I recommend at least 10" for the top square, 11" for the batting, and 11" or more for the bottom square of each sandwich. Baste using basting spray or pins and do NOT stitch around the edges.
- Thread to match your fabrics. I recommend high quality 100% cotton, 50 weight.
- Extra bobbins, thread snips.
- Washable marking pen and straight edge, or painters tape to use as a guide.
- New machine needle: I recommend size 80/12 sharp or topstitch.
- Sketchbook and pen or pencil for note taking and design sketching.
- Sewing machine in good working order with owner's manual and all attachments.
  - It should have zig-zag capabilities and at least a couple of decorative stitches.
  - Make sure the zig-zag stitch plate is attached. This is the regular one that comes with the machine and has a wider hole.
  - Don't forget to bring the entire base of your machine. In other words, don't leave the free arm exposed so you have enough work area.
- Open toe walking foot to fit your machine, or BERNINA dual feed with 20D foot
  - Arrive with it already attached.
- Free motion foot to fit your machine – please make sure it fits before class.
  - I prefer the Bernina open toe 24 or the BSR.
- Most important – bring your "can-do" attitude – this is going to be fun!!!

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